

Smugglers Bar

Lunchtime Menu

Starters & Side Orders

Soup of the Day	£ 3.50
Traditional Prawn Cocktail	£ 4.75
Onion Rings	£ 2.25
Garlic Bread	£ 2.25
Chips	£ 1.95
Mushrooms	£ 2.25
Side Salad	£ 2.95

Jacket Potatoes

Tuna & Mayonnaise	£ 3.95
Beans & Cheese	£ 3.95
Cheese	£ 3.50
Onion & Sour Cream	£ 3.95
Bacon & Brie	£ 4.25

Pizzas

Vegetarian

Mushrooms, Tomato, Peppers, Onion & Sweetcorn	£ 4.95
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Hawaiian

Ham & Pineapple	£ 4.95
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Pepperoni

Sliced Pepperoni & Cheese	£ 5.50
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Main Courses

Seabank Burger	£ 5.95
Steak & Ale Pie	£ 6.75
Shepherd' Pie	£ 6.95
Ham, Egg & Chips	£ 5.50
Sausage & Mash	£ 5.50
Battered Cod with Peas	£ 6.75
Breaded Scampi with Peas	£ 7.50
Chicken Korma	£ 6.75
Curry of the Day	£ 6.75
Home-made Lasagne	£ 6.75
Penne Arabiatta	£ 6.50
Cauliflower & Broccoli Cheese Bake	£ 6.50

Served with a selection of Chips, Boiled Potatoes or Rice

Off The Grill

Gammon & Egg/Pineapple	£ 7.50
8oz Rib Eye Steak	£ 8.95
8oz Sirloin Steak	£ 12.95

All served with Tomato, Peas, Mushrooms & a choice of Chips or Boiled Potatoes

Sandwiches

Classic BLT

Classic Bacon, Lettuce and Tomato with Fried Egg. Toasted on a choice of Brown or White bread (HOT) £ 4.25

Chicken & Mayonnaise

Shredded Chicken & Mayonnaise £ 3.95

Tuna Melt

Tuna Chunks with chopped Red Onions, Celery and Sliced Onions and Cheese on Grilled Bread (HOT) £ 3.95

Roast Turkey & Wensleydale With Cranberry & Apple

Roast Breast of Turkey with Wensleydale, with Cranberry and Apple £ 3.95

Vegetarian Deluxe

Vegetable Sandwich with Dill Sauce, Tomatoes, Cucumber, Cheddar, Avocado & Onion £3.95

Baguettes

Smoked Salmon & Cream Cheese	£4.95
Atlantic Prawns in Marie Rose Sauce	£4.50
Sausage & Onion	£4.50

Salads

Caesar Salad

Crisp Cos Lettuce with Croutons, Parmesan Cheese and Caesar Dressing. Topped with Parmesan Shaving. £4.95
With Chicken & Bacon £6.50

Prawns & Avocado Salad

Prawns and Avocado with Watercress and Rocket served with Ciabatta crouton £5.50

Kid's Menu

Chicken Nuggets	£ 3.25
Macaroni & Cheese	£ 3.25
Sausage & Beans	£ 3.25
Scampi	£ 3.25

All served with a selection of Chips, Boiled Potatoes, Peas or Beans

Sauces

Black Pepper – Barbecue – Cream & Mushroom	£ 1.95
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