

****STARTERS****

Soup of the Day

£ 3.50

Classic Prawn Cocktail

*Classic Prawn Cocktail with Shredded Iceberg Lettuce and Marie Rose Sauce
with slice of Brown bread*

£ 4.75

Steamed Mussels

*Steamed Mussels with Chopped onions, peppers in Creamy Saffron sauce and
Garnished with Coriander leaves*

£ 6.50

Parma Ham

with Warm Balsamic Fig, Caerphilly Cheese and Watercress

£ 6.50

Brussels Liver Pate

with Ciabatta crouton and Fruit chutney

£ 4.75

Brushetta

*with Bell Peppers, Onion, Mushroom and Drizzled
with Sundried Tomato Pesto*

£ 3.50

Sliced Roasted Beetroots

*with Asparagus tips on a bed of Crisp Frizze Lettuce and
Caerphilly Cheese*

£ 4.95

Mushroom Bouche' with Roquette and Chilli Oil

*Mushrooms cooked with onions, garlic, whitewine and Cream and
served in Puff Pastry with Drizzled Chilli oil*

£ 3.95

****MAINS****

Braised Breast of Chicken

with Glazed Vegetables and Grilled Polenta

£ 7.95

Honey Roasted Baby Chicken

with Savoy Cabbage and Bacon

£10.95

Slow Roasted Shank of Welsh Lamb

with Rosemary Jus and Dauphinoise Potatoes

£12.95

Pan Fried Lemon Sole

with Roasted Shallots, Spiced Leeks and Beurre Blanc

£12.95

Citrus Marinated Salmon

with Confit of Navel Oranges and Pea Shoot Coulis

£11.50

Fillet Steak

*with Pan Seared Foie Gras and Slow roasted Mushrooms and
Madiera Jus.*

£18.95

Pork Loin Steaks

with Toffee Apple and Celariac Mashed Potatoes and Gravy

£10.50

Wild Mushroom and White Truffle Risotto

with Shaved Parmesan Cheese

£10.50

Penne Arabiatta

Penne Pasta with Tomato Sauce, Chilli flakes and Onion

£ 7.50

****Desserts****

A selection of desserts are available from our Daily Dessert Menu

****Coffees****

Espresso

Short & strong. A dark, intense coffee.

£ 1.50

Cappuccino

Milky coffee. Espresso & steamed milk topped with foamed milk.

£ 2.00

Café au Lait

Long & milky. Espresso & steamed milk.

£ 1.50

Café Latte

Espresso & steamed milk topped with foamed milk.

£ 1.80

Hot Chocolate

£ 1.50

Tea

£ 1.30

Fresh Filter Coffee (Tchibo)

£ 1.30

Decaffeinated Coffee (Instant Nescafe)

£ 1.30

****Liqueur Coffees****

(Decaffeinated Available)

Irish	<i>Irish Whiskey</i>	Jamaican	<i>Dark Rum</i>
Russian	<i>Vodka</i>	Monks	<i>Benedictine</i>
French	<i>Cognac</i>	Calypso	<i>Tia Maria</i>
Golfers	<i>Kummel</i>	Gaelic	<i>Scotch Whisky</i>
Hunters	<i>Cherry Brandy</i>	Parisian	<i>Contreau</i>

Seabank House Special

Baileys

£ 3.50